



What is Health?
What is Wellbeing?

Why is this an important issue for health and wellbeing in Tower Hamlets?

- If we have a health and wellbeing strategy we need to have some consensus around what we understand by the term
- The workshops have identified that people have differences in their understanding of these terms

What is currently being done to improve outcomes?

- There are a number of frameworks for assessing health and wellbeing that are being used by frontline providers
 - Basic clinical model
 - Recovery model
 - Practice Framework (social workers)
 - Employment agency assessment
 - Healthy trainer assessment
 - Social prescribing frameworks
 - etc

Where would we like to be in 3 years (vision statement)?

- Commissioning
 - Commissioning of services impacting on health and wellbeing use common metrics to assess and compare impact
- Provider
 - Providers across the health and social care economy assess health and wellbeing needs through common frameworks that are focussed on the individual's overall wellbeing

Within this area, what does the Health and Wellbeing Board need to focus on?

- Common measures across programmes to measure 'wellbeing'
- Consistent assessment frameworks based on wellbeing applied across whole systems by frontline providers

What are the top areas of action that the Board needs to focus on over the next 12 months to drive transformational change (max 2) and why?

- As part of the strategy, have a section that focusses on what people in Tower Hamlets understand by health and wellbeing
- Rapid review of the frameworks that are being used currently to assess health and wellbeing needs
- Identify a common metric of wellbeing that can be feasibly measured by providers and tracked by commissioners

What is required to make this happen?

- Collective will
- Officer time
 - Engaging with public
 - Reviewing frameworks
 - Identifying a practical metrics
 - Wellbeing
 - General health

What are the top indicators that the Board needs to track (max 3)?

- Wellbeing
- General health
- Patient Activation?